Life can get stressful sometimes. Like when your toddler has a fever at midnight, or you’re trying to help an elderly parent schedule a medical appointment. Luckily, there’s BeWell 24/7\textsuperscript{SM}, a service exclusively for Wellmark members.

It’s so much more than a nurse line. It’s real help from real people 24/7. With BeWell 24/7, you’ll have access to:

1. **HEALTH ADVOCACY** — Get personalized help coordinating care, locating specialists, scheduling home-care services, transferring medical records and more.

2. **NURSE SUPPORT** — Having side effects from a new drug? Want to better understand a diagnosis? A registered nurse can provide trusted insight and recommend next steps.

3. **CARE NAVIGATION** — Receive information from health professionals who can help you better understand your health condition and learn more about how Wellmark can help.

**GET EVEN MORE ANSWERS WITH myWELLMARK.** Use myWellmark to access all your health information in one place. [Register at Wellmark.com](http://Wellmark.com)
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注意：如果您说普通话，我们可免费为您提供语言协助服务。请拨打 800-524-9242 或（听障专线：888-781-4262）。