

Policyholder: UNIVERSITY OF NORTHERN IOWA

Long-Term Disability (LTD) Coverage

Effective Date: 1/1/2024

This is a summary of your long-term disability coverage from Principal Life Insurance Company. Long-term disability coverage is designed to replace a portion of your income when you are disabled because of injury or illness.

Your Benefits at a Glance

	,
Qualifying as Disabled	You may qualify as disabled during the elimination period and own occupation period if because of sickness, injury or pregnancy, one of the following applies:
	You cannot perform the majority of the substantial and material duties of your own occupation.
	You are performing the duties of your own occupation on a modified basis and lose at least 20% of the income you earned before becoming disabled.
	You are performing the duties of any other occupation and lose at least 20% of the income you earned before becoming disabled.
	After completing the own occupation period, you may qualify as disabled if because of sickness, injury or pregnancy, one of the following applies:
	You cannot perform the majority of the substantial and material duties of any occupation for which you are or may become qualified based on your education, training or experience.
	You are performing the substantial and material duties of your own or any other occupation on a modified basis and lose at least 40% of the income you earned before becoming disabled.
	The monthly income you earned before becoming disabled is referred to as predisability earnings.
When Benefits Begin	LTD benefits begin after you have been disabled for 6 months. This is called the elimination period. It can be satisfied with days of total or partial disability.
	If you recover and return to work during the elimination period and become disabled again, you may not have to satisfy a new elimination period. If you become disabled again, your elimination period will pick up at the point where it was left off when you recovered. You have a period twice as long as the elimination period to satisfy the required number of days of disability.
Benefits if Not Working	When you are unable to work in any capacity during the benefit payment period, your monthly benefit equals your primary monthly benefit, less income from other sources.
	Your primary monthly benefit is equal to 66 2/3% of your earnings before becoming disabled, but will not exceed \$6,667.
	Your monthly benefit will not be less than the minimum monthly benefit of the greater of 10% of your primary monthly benefit or \$100.
Benefits if Working	If you are able to work while disabled, you may still be eligible to receive a disability benefit.
	If you are working during the benefit payment period, your monthly benefit for the 12 month work incentive period is the lesser of:
	 100% of the indexed earnings you received before becoming disabled, less income from other sources, less current earnings; or Your primary monthly benefit, less income from other sources.
	After the work incentive period, your monthly benefit equals your primary monthly benefit, less income from other sources and multiplied by your

	income loss percentage.
Your Benefit Duration	Your age at the time of disability affects the length of time you are eligible to receive disability benefits.
	If you become disabled before reaching age 65, your disability benefits are payable until the later of: • The date you reach Social Security normal retirement age: or • 36 months after your benefit payment period begins.
	50 Months after your benefit payment period begins.
	If you become disabled at or after age 65, your disability benefits are payable until the later of:
	The date you reach Social Security normal retirement age; or
	The date the benefit payment period reaches the number of months shown below.
	Age disability occurs Duration of benefits
	Age 65 - 67 24 months
	Age 68 - 69 18 months
	Age 70 - 71 15 months
	Age 72 and over 12 months
	However, your disability benefits will end when you:
	Recover Cease to be under the regular and appropriate care of a physician
	Fail to provide any required proof of disability
	Fail to submit to a required medical examination
	Fail to report income from other sources, or any other required earnings information
	Fail to pursue Social Security disability benefits or Workers' Compensation benefits
	• Die
	If you recover and return to work for six months or less during the benefit duration and then again become disabled from the same or related cause, you are not required to complete a new elimination period.

Rehabilitation Services and Benefits

Rehabilitation Services	While disabled, you may qualify to participate in a rehabilitation plan. Our rehabilitation staff works with you, your physician(s) and your employer to create an individual rehabilitation plan to assist you in returning to work. If you are not disabled, but have a condition that could prevent you from performing the substantial and material duties of your own occupation,
	preventive rehabilitation services may be offered.
Rehabilitation Incentive Benefit	If you become totally disabled, your benefit percentage can be increased by 5% when you participate in and satisfy the requirements of an individual rehabilitation plan. You may be eligible for 12 months of rehabilitation incentive benefits.
Mandatory Rehabilitation	This provision indicates that, if appropriate, you may be required to participate in an individual rehabilitation plan. Any expenses associated with the rehabilitation plan will be paid for by Principal Life. If you do not comply with the rehabilitation plan without good cause, your disability benefits may cease.

Additional Benefits

Survivor Benefit	A survivor benefit is a lump sum payment issued to your survivors, should you die while receiving disability benefits. The benefit payment is equal to three times your primary monthly benefit.
	If you are diagnosed with a terminal illness and your life expectancy is

	12 months or less, you may elect to receive the survivor benefit on an accelerated basis. You may receive the full amount of the survivor benefit before death. Survivor benefits paid may affect eligibility for public assistance and may be taxable. You should consult your tax advisor with any questions.
Continuation of Coverage for Layoff/Leave of Absence	If you stop working due to a layoff or leave of absence, your disability coverage may be continued with payment of premium for up to three months.

Limitations of Benefits

Limitations	No benefits will be paid for disabilities resulting from:
	• Willful self injury, while same or insame
	• War or an act of war
	Participation in an assault or felony
•	 A new or continuing disability that begins after your benefit payment period has ended, but you have not returned to active work
Mental Health Conditions and	A disability is considered due to alcohol, drug or chemical abuse, dependency or addiction or a mental health condition if the disability is caused by one of these condition(s) and not by other disabling conditions.
	Maximum benefit payment periods for:
	Mental health conditions - 24 months
	Alcohol, drug or chemical abuse conditions - 24 months
	The benefit payment period listed above is a lifetime maximum for all periods of disability. All disabilities from conditions with the same maximum benefit payment period contribute towards one lifetime maximum.
	However, if at the end of the benefit duration, you are confined in a hospital or any other type of facility providing treatment for any of these conditions, the benefit payment period may be extended to include the time period you are confined for treatment.
	A preexisting condition is a sickness or injury, including all related conditions and complications, or pregnancy for which you:
Conditions	Received medical treatment, consultation, care or service; or
	Were prescribed or took prescription medications
į	in the three months prior to your effective date under this policy.
	Benefits will not be paid for disabilities resulting from preexisting conditions unless, when you become disabled, you have been actively at work for one full day after completing the earlier of:
	Six consecutive months of coverage under the policy in which you received no treatment, including prescription medication, for the disabling condition; or
	• 12 consecutive months of coverage under the policy.
	Preexisting condition exclusions also apply to benefit increases due to:
	Policy amendments

Terms you should know:

Income from Other Sources - Income you receive from other sources can be deducted from your primary monthly benefit amount. Other sources include:

- All retirement or disability benefits that you and your dependents receive or could have received, from Social Security or other government agencies
- Salary continuance, personal time off or sick pay
- Workers' Compensation benefits
- Income from state disability plans
- Payments from policies that provide coverage for time away from work, if paid in part by or deducted from payroll by the policyholder

- Disability or retirement benefits, paid by pension plans sponsored by the policyholder
- Income received from no-fault auto laws
- Renewal commissions received from the policyholder
- Severance pay
- All payments for the month that the member receives under state unemployment laws

Other income sources do not include:

- Individual disability coverage
- Profit sharing plans
- Thrift savings plans
- Nonqualified deferred compensation plans
- 401(k) plans
- Individual retirement accounts (IRA)
- Stock ownership plans
- Keogh (HR-10) plans
- · Any cost of living increases paid in connection with other sources of income
- Social Security or pension plan payments that were being received prior to the current disability
- Any income the member receives for services rendered prior to the member's date of disability

Modified Basis - You are considered to be working on a modified basis if you are working on a part-time basis.

Monthly Payment Limit - The benefits paid to you are reduced if your total income exceeds 100% of your predisability earnings. Total income includes:

- Your normal benefit payable
- Additional benefits payable under your policy
- Return to work earnings
- Other Income Sources defined in the policy
- PTO, sick pay, and salary continuance payments (if these income sources are not considered Other Income Sources)

Own Occupation - The occupation, as performed in the national economy, you are routinely performing when disability begins. Own occupation does not mean the specific tasks or job you are performing for the policyholder or at a specific location.

Own Occupation Period - The period of time you must be unable to perform the duties of your own occupation. Your own occupation period is the first 2 years of the benefit payment period.

Predisability Earnings - The monthly earnings you receive before becoming disabled. Your monthly earnings are based on your basic wage, which includes:

- Earnings under a qualified deferred compensation plan
- Voluntary earnings reduction under a Section 125 plan

Your basic wage does not include:

- Commissions
- Bonuses
- Overtime pay
- Tips
- Differential pay
- Housing or car allowances

Primary Monthly Benefit - Your primary monthly benefit is equal to 60% of your earnings before becoming disabled, but will not exceed \$6,000.

from those engaged in a particular occupation that cannot be modified or omitted. You are considered able to perform the substantial and material duties of an occupation if you are working, or have the ability to work, 40 hours per week.

This is a summary of disability coverage underwritten by or with administrative services provided by Principal Life Insurance Company. Because this is a summary of your coverage, it does not state all contract provisions, restrictions of coverage, benefits by conditions or limitations, or provisions required by state or federal law. If any provision presented here is found to be in conflict with federal or state law, that provision will be applied to comply with federal or state law. The group policy or contract determines all rights, benefits, exclusions and limitations of the coverage described here. For complete details, refer to your benefit booklet. If there is a discrepancy between this handout and your benefit booklet, the benefit booklet prevails.



Principal Life Insurance Company, Des Moines, Iowa 50392-0002, www.principal.com

This brochure provides general information about your long term disability benefits. It is not an insurance contract or plan document, and does not summarize all of the provisions required by law. If any provision presented here is found to be in conflict with federal or state law, that provision will be applied to comply with federal or state law. The group policy determines all the rights, benefits, limitations and exclusions of the coverage described here. For details, refer to your benefit booklet. Principal, Principal and symbol design and Principal Financial Group are trademarks and service marks of Principal Financial Services, Inc., a member of the Principal Financial Group.

GP49378-24 | 09/2021 | ©2024 Principal Financial Services, Inc.