

## The Journey to Good Health Starts Here

Searching for a primary health care provider?

MercyOne in northeast Iowa has over 100 health care providers including specialty physicians, physician assistants, nurse practitioners and numerous health care and office professionals who share the common goal of providing quality health care services to people throughout our communities.

MercyOne Family Medicine offices are located within the metro area of Waterloo and Cedar Falls, as well as in 16 rural communities; including Allison, Arlington, Dysart, Evansdale, Fairbank, Gladbrook, Independence, Jesup, La Porte City, Oelwein, Parkersburg, Reinbeck, Traer, Tripoli and Waverly.

To schedule an appointment with MercyOne Family Medicine, please call  
1-800-525-8153  
OR  
Waterloo: 319-272-5000  
Cedar Falls: 319-575-5800

### Mission:

MercyOne serves with fidelity to the Gospel as a compassionate healing ministry of Jesus Christ to transform the health of our communities.

### Walk-In Wellness Lab Screening Locations

Waterloo Medical Center  
3421 West Ninth Street, Waterloo, Iowa 50702  
Laboratory: 319-272-8842

Cedar Falls Medical Center  
515 College Street, Cedar Falls, Iowa 50613  
Laboratory: 319-268-3030

Oelwein Medical Center  
201 8th Avenue SE, Oelwein, Iowa 50662  
Laboratory: 319-283-6075

Monday – Friday: 8:00 a.m. to 5:00 p.m.  
Saturday: 8:00 a.m. to 12:00 p.m.  
Sunday and Holidays: Closed

Waverly Family Medicine  
217 20th Street NW, Waverly, Iowa 50677  
Laboratory: 319-352-9500  
Monday – Friday: 8:30 a.m. to 4:00 p.m.  
Weekends and Holidays: Closed

For more information about the Walk-In Wellness Lab Screenings, please contact one of the specific Laboratory sites listed above.

# MERCYONE



## Walk-in Wellness Lab Screening

# MERCYONE

**Waterloo Medical Center** 319-272-8000  
**Cedar Falls Medical Center** 319-268-3000  
**Oelwein Medical Center** 319-283-6000  
**MercyOne.org**

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## Creating a Culture of Health and Well Being

The Laboratory is offering the opportunity to assess your health through blood profile screenings.

### It is Convenient and Easy

- Stop by one of the participating locations.
- Pick up a site specific order form at the registration area and complete.
- Payment must be received at time of service
- Anyone under 18 years of age must be accompanied by a parent or guardian.
- Results will be mailed directly to you within 14 days of collection
  - Exact cash, check, debit and credit card accepted.
  - American Express not accepted.
  - Personal health insurance will not be filed.



### Healthy Heart Wellness

\$10.00

10-12 hour fast required

- Total Cholesterol/HDL/LDL
- Triglycerides
- Glucose

### Hematology Wellness

\$8.00

No fasting required

- WBC, Hemoglobin, Platelet Count, RBC Count with Indices

### Basic Chemistry Wellness

\$15.00

10-12 hour fast required

- Total Cholesterol/HDL/LDL
- Triglycerides
- Glucose
- BUN/Creatinine
- Calcium
- AST
- Iron

### Vitamin D

\$25.00

No fasting required

- 25 (OH) Vitamin D

### Prostate Specific Antigen (PSA)

\$15.00

No fasting required

- PSA is recommended for males over 50 years of age

### Thyroid Wellness

\$15.00

No fasting required

- TSH (Thyroid Stimulating Hormone)
- Detects hypothyroidism and hyperthyroidism

### Hemoglobin A1c (HbA1c)

\$15.00

No fasting required

- HbA1c is a lab test that shows the average level of blood sugar (glucose) over the previous 3 months.

### Complete Chemistry Wellness

\$25.00

10-12 hour fast required

- Total Cholesterol/HDL/LDL/Triglycerides
- Iron
- Uric Acid
- Total Protein/Albumin
- Sodium
- Potassium
- Chloride
- CO<sub>2</sub>
- Calcium
- Glucose
- BUN/Creatinine
- ALP/ALT/AST/Total Bilirubin