Screening Follow Up

Let us help you create personal awareness about your health and well-being!

There will never be a better time than the present to learn about your wellness screening results!

This service offers a personal consultation with a Nurse Health Coach at your job site including:

- Result and risk factor education
- Realistic lifestyle changes
- Health care provider referrals if necessary
- A confidential environment to share questions or concerns

For questions about this service please contact one of our Nurse Health Coaches listed below.

Stacie Dudden, RN
Wellcoach® Nurse Health Coach
Stacie.Dudden@wfhc.org
319.272.2415

Carol Hellman, BSN, RN
Nurse Health Coach
Carol.Hellman@wfhc.org
319.272.2414

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