Giving Thanks Can Make You a Better Leader

Martha N. emotion, synchronization, and alignment. The power of appreciation is simple, but it doesn’t happen by accident. It is not something we can turn on, like a light switch. It is something we not only have to think about but also act upon. If you want to make others feel more engaged and valued, you need to show your appreciation for them.

The Power of Appreciation: Mike Robbins

We tend to think expressing gratitude is appropriate at the Thanksgiving dinner table, but we tend to forget that the highest expression of appreciation is to live by our actions. Our words are often empty, but our actions are speaking volumes about us. In this article, we will explore the power of appreciation and how it can help us become better leaders.

Why do people hesitate to show gratitude at work?

According to a recent survey, 60% of Americans said they “either never express appreciation” or “rarely express appreciation” at work. This is especially true in the workplace, where gratitude can be seen as a软性特质, even in an environment where it is expected. Why do people hesitate to show gratitude at work?

The survey finds that people appreciate the value of gratitude in the workplace, but are not necessarily in the workplace. This notion may explain why, according to one survey, Americans are less likely to express gratitude at work than anywhere else. Such an attitude, however, ignores several research-backed reasons why gratitude can make for others. It doesn’t happen to work.

What can you give that you can't buy and what can you have that you can't buy?

In our society, we are often taught that the best way to show appreciation is through material gifts. However, research tells us showing appreciation is not to work. As John F. Kennedy said, “Giving thanks can make you a better leader.”

Thank You

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